

What's on the Menu?

Chatfield Lunch Menu, Chartwells School Dining Services November 2023

Price: \$0.00

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 Chicken Patty on WG Bun Vegetarian Baked Beans Fresh Cucumber Coins Michigan Grown Apple Choice of Milk</p>	<p>2 Bosco Sticks or Dunkers w/ Dipping Sauce Fresh Baby Carrots Diced Peaches Choice of Milk</p>	<p>3 Brunch for Lunch French Toast Sticks Sausage Patty Celery Sticks Fresh Orange Wedges Choice of Milk</p>
<p>6 No School</p> <p>W3</p>	<p>7 Hamburger on WG Bun Tater Tots Seasoned Corn Chilled Diced Pears Choice of Milk</p>	<p>8 Jumbo Chicken Tenders Vegetarian Baked Beans Fresh Cucumber Coins Michigan Grown Apple Choice of Milk</p>	<p>9 French Bread Cheese Pizza Fresh Baby Carrots Diced Peaches Choice of Milk Pudding Cup</p>	<p>10 Turkey & Cheese Sub Smart Snack Chips Celery Sticks Fresh Orange Wedges Choice of Milk</p>
<p>13 Cheese Pizza Green Beans Fresh Cucumber Coins Applesauce Choice of Milk</p> <p>W4</p>	<p>14 Soft Shell Tacos w/ Meat, Cheese & Trimmings w/Salsa Fresh Baby Carrots Chilled Diced Pears Choice of Milk</p>	<p>15 Baked Chicken Drumstick Vegetarian Baked Beans WG Biscuit Fresh Cucumber Coins Michigan Grown Apples Choice of Milk</p>	<p>16 Turkey & Gravy Mashed Potatoes WG Dinner Roll Fresh Baby Carrots Diced Peaches Choice of Milk</p>	<p>17 Brunch for Lunch French Toast Sticks Sausage Patty Celery Sticks Fresh Orange Wedges Choice of Milk</p>
<p>20 No School</p> <p>W1</p>	<p>21 No School</p>	<p>22 No School</p>	<p>23 No School</p>	<p>24 No School</p>
<p>27 Hamburger on WG Bun Green Beans Fresh Cucumber Coins Applesauce Choice of Milk</p> <p>W2</p>	<p>28 Hot Dog on WG Bun Tater Tots Fresh Baby Carrots Chilled Diced Pears Choice of Milk</p>	<p>29 Chicken Patty on WG Bun Vegetarian Baked Beans Fresh Cucumber Coins Michigan Grown Apple Choice of Milk</p>	<p>30 Bosco Sticks or Dunkers w/ Dipping Sauce Fresh Baby Carrots Diced Peaches Choice of Milk</p>	

This institution is an equal opportunity employer.



Chatfield: Free Breakfast to All Students

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and a variety of milk choices.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Choose 2 Scooby-Doo Graham Stix</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p>Must take a Juice or Fruit</p> <p>Optional Milk, Skim, 1% or Chocolate</p>	<p>Choose 2 Bug Bites Graham Crackers</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p>Must take a Juice or Fruit</p> <p>Optional Milk, Skim, 1% or Chocolate</p>	<p>Choose 2 WG Blueberry Muffin</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p>Must take a Juice or Fruit</p> <p>Optional Milk, Skim, 1% or Chocolate</p>	<p>Choose 2 Cinnamon Goldfish Grahams</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p>Must take a Juice or Fruit</p> <p>Optional Milk, Skim, 1% or Chocolate</p>	<p>Choose 2 Scooby-Doo Graham Stix</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p>Must take a Juice or Fruit</p> <p>Optional Milk, Skim, 1% or Chocolate</p>

Student will choose 2 breakfast items **AND** a juice or fruit. Milk is optional.

Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school. Our guidelines:

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

To learn more about Chartwells go to www.EatLearnLive.com

This institution is an equal opportunity provider.