

What's on the Menu?

Chatfield Lunch Menu, Chartwells School Dining Services December 2023 Price: \$0.00

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Brunch for Lunch French Toast Sticks Sausage Patty Celery Sticks Fresh Orange Wedges Choice of Milk
4 Walking Tacos Nacho Doritos w/ Meat With toppings Cucumber Coins Applesauce Choice of Milk	5 Hamburger on WG Bun Tater Tots Seasoned Corn Chilled Diced Pears Choice of Milk	6 Jumbo Chicken Tenders Vegetarian Baked Beans Fresh Cucumber Coins Michigan Grown Apple Choice of Milk	7 French Bread Cheese Pizza Fresh Baby Carrots Diced Peaches Choice of Milk	8 Turkey & Cheese Sub Smart Snack Chips Celery Sticks Fresh Orange Wedges Choice of Milk
11 Cheese Pizza Green Beans Cucumber Coins Applesauce Choice of Milk W4	12 Soft Shell Tacos w/ Meat, Cheese & Trimmings w/Salsa Fresh Baby Carrots Chilled Diced Pears Choice of Milk	13 Baked Chicken Drumstick Vegetarian Baked Beans WG Biscuit Fresh Cucumber Coins Michigan Grown Apples Choice of Milk	14 Ham Steak Scalloped Potatoes WG Dinner Roll Fresh Baby Carrots Diced Peaches Choice of Milk	15 Brunch for Lunch French Toast Sticks Sausage Patty Celery Sticks Fresh Orange Wedges Choice of Milk
18 Chicken Nuggets WG Dinner Roll Green Beans Fresh Cucumber Coins Applesauce Choice of Milk W1	19 French Bread Cheese Pizza Fresh Baby Carrots Chilled Diced Pears Choice of Milk	20 No School	21 No School	22 No School
25 No School	26 No School	27 No School	28 No School	29 No School

This institution is an equal opportunity employer.



Chatfield: Free Breakfast to All Students

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and a variety of milk choices.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Choose 2 Scooby-Doo Graham Stix</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p>Must take a Juice or Fruit</p> <p>Optional Milk, Skim, 1% or Chocolate</p>	<p>Choose 2 Bug Bites Graham Crackers</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p>Must take a Juice or Fruit</p> <p>Optional Milk, Skim, 1% or Chocolate</p>	<p>Choose 2 WG Blueberry Muffin</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p>Must take a Juice or Fruit</p> <p>Optional Milk, Skim, 1% or Chocolate</p>	<p>Choose 2 Cinnamon Goldfish Grahams</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p>Must take a Juice or Fruit</p> <p>Optional Milk, Skim, 1% or Chocolate</p>	<p>Choose 2 Scooby-Doo Graham Stix</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p>Must take a Juice or Fruit</p> <p>Optional Milk, Skim, 1% or Chocolate</p>

Student will choose 2 breakfast items **AND** a juice or fruit. Milk is optional.

Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school. Our guidelines:

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

To learn more about Chartwells go to www.EatLearnLive.com

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